

# **RUNNING THE COURSE WITH JOY\***

*2012 Joint Men's Retreat - York Center @ Highland Avenue  
February 24-26, 2012 at Camp Emmaus, Mt. Morris, Illinois*

## **What gives you joy?**

What are you passionate about? Is it your work? Your faith? Your family? Your friends? Your avocation? Your hobby. Something you make? Something you do? All of the above?

## **Bring something to share with the group.**

•Stories from your life, your work, your faith—they can be funny, moving, or both. •Something you have accomplished. •Something you made. •A tool or gadget or machine or musical instrument. •A song. •Photos. •Something you have read. •A PowerPoint presentation. •A video clip. •A drawing. •Music from a CD.

We'll divide the retreat sessions so each man gets plenty of time to talk or present and so we all have time to respond. We hope everyone will share, but you may pass, if you wish, and no questions will be asked.

A DVD player, CD player, computer with digital projector, flip chart, blackboard, or anything else you request will be provided.

## **Free time too.**

There will also be lots of time for talking, hiking (weather permitting), reading, meditating, and napping. And, of course, there will be the annual Saturday evening Mike Neher Ham-Hock Community Stew and other good food throughout the weekend.

## **How to Sign Up - The cost is \$65**

This includes the full retreat: two nights, four meals (breakfast, lunch, dinner on Saturday, brunch on Sunday) and snacks. If you can't pay the whole amount, pay what you can, no questions asked. If you can pay extra to help someone else out, just add it to your check.

For all participants, send your check to:

Mike Neher, 649 Rochdale Circle, Lombard, IL 60148, 630-792-1021, mikeneher@comcast.net

For Highland Avenue men:

Let Jim Lehman know you have signed up - 847-702-6179 cell, jameslehman@brotherstonepublishers.com

Questions? Call or e-mail Mike or Jim.

## **What to Bring**

- Sleeping bag or bed roll, pillow
- Warm outdoor wear
- Boots for walking (weather permitting)
- Pen, pencil, notebook, Bible,
- Towel & washcloth, toiletries

- Things listed above that give you joy
- Musical instrument for jamming
- Fixings for Mike Neher's Ham-Hock Stew  
*Potatoes, tomatoes, beans, onions, carrots, lentils,  
or other common (or obscure) vegetables*

**\*"Like a strong man, the sun runs its course with joy" (Psalm 19:4-5) Men are not often asked to think of their lives in terms of joy. But this Psalm suggests that a strong man, like the sun (which is already a strong image) can "run his course" with joy.**